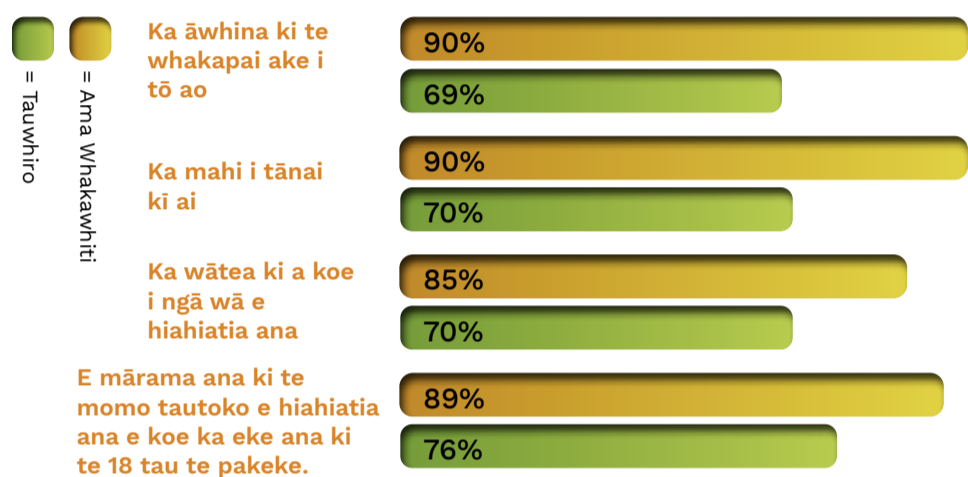




*I kōrero mātou ki ngā rangatahi e māraurau ana kia whai tautoko i te ama whakawhiti . . .*

I hiahia mātou ki te whai māramatanga ki te āhua o ō koutou nā ao, otirā, ki te ara e pai ake ai tā Oranga Tamariki tautoko i tō whakawhitinga ki te motuhaketanga, mā roto mai i te Ratonga Tautoko Whakawhitinga kātahi nei ka whakatūria. Anei ko ētahi o ngā kitenga matua i puta i te rangahau patapatai.

**Ā koutou kōrero mai mō ō koutou ama whakawhiti, me ngā tauwhiro o Oranga Tamariki**



Ko te nuinga o koutou i mea mai ka whai hua ō koutou nā ao i te whai wāhitanga ki tētahi ama whakawhiti e tautoko ana i a koe, otirā, e noho ana hei pou whirinaki. Ka whai te ratonga tautoko whakawhitinga kia riro māu e kōwhiri te momo whakahaere, ā, 41% o koutou i whakaae i whai kōwhiringa koutou. Ka whai hoki te ratonga tautoko whakawhitinga kia tūhono i a koe ki tētahi whakahaere e tika ana ā-ahurea nei, mēnā he Māori, mēnā rānei nō ngā moutere o te Moana-nui-a-Kiwa koe. Ko tētahi hautoru o te rangatahi Māori i ki mai i te tautokona rātou e tētahi whakahaere Māori.

**Ko te āhua o tā te ama whakawhiti whina i a koe**

**41%**

o koutou i ki ake, ka tautokona koe e tō ama whakawhiti ki ngā momo tautoko tukipū.

Ko te nuinga o koutou i ki ake, ko ngā momo āwhina a ō koutou ama whakawhiti e hāngai ana ki ō koutou matea, otirā, e kapi ana ngā momo āhuatanga maha i ō koutou nā ao. E ai ki te tokomaha, he pou whirinaki ō koutou ama whakawhiti, he ngākaunui, he māia anō hoki, otirā e ārahi ana i a koe ki te pae o te motuhaketanga. Hei tā ētahi o koutou, arā tonu ngā momo tautoko motuhake a te ama whakawhiti mō te ako i ngā pūkenga mō te oranga (pērā i te hautū waka me te tunu kai), te whai mahi me te ako (te kimi mahi, te whai rawa mō te ako), te kimi whare, me te whai āwhina anō mō tō hauora ā-hinengaro.

**Te Ratonga Tautoko Whakawhitinga**

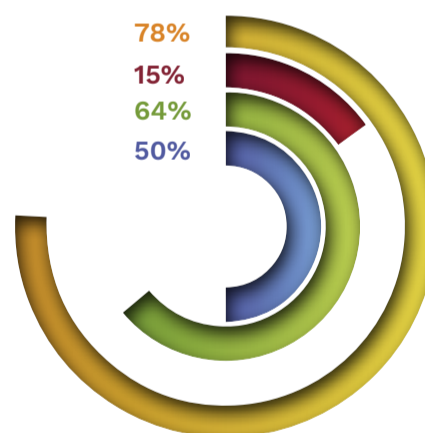
**65%**

o koutou kua whai kē i tētahi ama whakawhiti.

Koni atu i te kotahi tau ki muri nei, i rewa i a Oranga Tamariki tā rātou Ratonga Tautoko Whakawhitinga mā te hunga 15-25 tau te pakeke, e whakawhiti ana i ngā taurimatanga ki te motuhaketanga. Mēnā e māraurau ana koe kia whai wāhi ki ngā tautokohanga whakawhitinga, ka āhei te tūhono i a koe ki tētahi ama whakawhiti, māna koe e ārahi, e tautoko anō kia:

- Tautohua ō pakaritanga me ō kaingākau e taea ai tō whakatakoto me tō whakatutuki i ngā whāinga
- Tupu ai tō māia ki te toro ki ngā ratonga i tō kotahi
- Whakawhanake i ngā pūkenga whai oranga, kia tūhono anō ki tō tuakiri, ki tō ahurea, ki tō whānau hoki.

**Te mōhio ki ngā whakapānga e wātea ana ki a rātou**



e mōhio ana mā hea e whai āwhina ai i a Oranga Tamariki ki te hiahiatia

kua waea ki te Nama Tautoko Whakawhitinga a Oranga Tamariki

Kua kite, kua rongō kōrero rānei mō VOYCE – Whakarongo Mai

e mōhio ana mā hea e whakapā atu ai ki VOYCE – Whakarongo Mai

Nō Oranga Tamariki te takohanga kia whakapā tonu atu ki a koe, engari he mea nui kia mōhio hoki koe mā hea koe e whai āwhina ai i a rātou ki te hiahiatia. He tokomaha koutou i mōhio mā hea e whai āwhina ai, ahakoa tonu he tokoiti koutou i whakapā atu ki te Nama Tautoko Whakawhitinga a Oranga Tamariki.

Ki te hia āwhina koe, ka āhei tō whakapā atu ki te Nama Tautoko Whakawhitinga ki 0800 55 8989. Ka āhei hoki to whakapā ki VOYCE-Whakarongo Mai ki 0800 486 923. Ko tā VOYCE he hāpai i te rangatahi kua whai wheako ki ngā momo taurimatanga.

*"NĀNA AHAU I ĀWHINA KI TE ĀTA WĀNANGA I NGĀ RARU E RONGO NEI AU, OTIRĀ, KUA TAUTOKO I A AU KIA NOHO MOTUHAKE."*

*"I AWHINA I AHAU KIA WHAI WĀHI KI NGĀ MOMO MEA PĒRĀ I TE PUKA URUWHENUA, I TE AKORANGA HAUTŪTANGA HAUMARU, OTIRĀ, KUA WĀNANGA TAHI KI A AU E PĀ ANA KI NGĀ ĀHUATANGA O TE AO O TE PAKEKE KEI MUA I TE AROARO."*

*"NŌKU E HŪNUKU WHARE ANA, I HAERE TAHI MAI IA KI TE HOKO I NGĀ MEA I HIAHIATIA MŌ TAKU WHARE, I ĀWHINA HOKI KI TE WHAKATAKA I NGĀ RAWA."*

## Te oranga whānui

# 77%

o koutou i mea ake he pai te oranga whānui

Ko te nuinga o koutou i kī ake, i tōna whānuitanga, he pai te oranga whānui. Ko te nuinga o koutou i tohu ai ko te oranga ā-whānau me te oranga ā-tinana ngā mea pakari rawa, ā, ko te nuinga i kī ake kāore koutou e pāngia ana e ngā uauatanga wāroa ā-tinana nei. Heoi anō, arā tonu ētahi o koutou e noho taimaha ana – 38% o koutou i kī ake e rongō ana i ngā taimahanga ā-mate hinengaro nei, otirā, 36% o koutou i kī ake, ko ngā uauatanga wāroa ā-hauora hinengaro, ā-kare ā-roto rānei i auau te rangona, i rangona rānei i ngā wā katoa. Ko te nuinga o koutou e whai wāhi ana ki ngā tautoko ā-hauora e hiahiatia ana. He torutoru hoki koutou i kī ake nā ngā take hauora hinengaro, nā te korenga o ngā waka hari, nā ngā utu tākuta anō hoki i uaua ai te torohanga atu ki tētahi tākuta, ki tētahi nāhi rānei.

## Te ngākau hihiri ki te anamata

# 75%

o koutou e mea ana, e āhua kaha ana, e tino kaha ana rānei te hihiri o te ngākau ki te anamata

E toru hauwhā o koutou e ngākau hihiri ana ki te anamata. He tokomaha koutou e awhero nui ana – i kōrero mai mō o koutou whāinga mō te anamata, pēnei i ā koutou mahere mō te mahi me te ako, i o koutou manako mō o koutou whānau, mō te anamata, mō te whai whare, otirā mō te āhua o tō noho i tō ao. He tokomaha koutou e hiahia ana ki te ako i ngā pūkenga mō te oranga e tutuki ai ēnei whāinga, pēnei i te hautū waka, i te tunu kai, i ngā pūkenga pāpori me te tiaki pūtea, otirā, e tautokohia ana kia pērā. Arā hoki ētahi i hiahia ki te whai pūkenga e takatū ai ki te mahi, e uru ai rānei ki te whare wānanga, waihoki, he torutoru anō i kōrero mō te ako i ngā pūkenga mō te tiaki tamariki, te hauora hinengaro, te pakihi, me te ako ki te tūhono atu ki te ahurea.

## Te tuakiri me te whakapapa



Tōna toru hauwhā o koutou i kī ake e tau ana o koutou ngākau ki o koutou nā tuakiri, otirā, e whakahihī ana i a koutou anō. Tōna 40% noa iho i kī ake e mōhio ana ki o koutou whakapapa. Tōna haurua i hiahia ki te whai mōhiotanga ki o koutou nā whakapapa, ā, he tokomaha hoki i hiahia kia tautokona rātou kia pērā.

## Te whai wahi ki ētahi pakeke, ki ētahi hoa anō hoki e whakapono atu nei koe



Ko te nuinga o koutou i kī ake arā tonu tētahi e wātea ana ki a koe hei torohanga māu ka pā ana ngā uauatanga, tae ana ki o hoa, ki o mātua/kaitaurima, ki o tuakana, ki o teina, ki o tuahine, ki o tungāne, ki whānau kē atu anō hoki. Heoi anō, i ngākaurua ētahi o o koutou whakaaro ki o koutou nā hoa – 77% i kī ake e whakaae ana o koutou hoa ki a koutou, engari e 37% kāore i whakaae, e ngākaurua ana rānei mēnā he hoa o koutou e whakapono atu nei koutou.

## Te wāhi noho



Ko te nuinga o koutou i kī ake e noho tahi ana koutou ki o koutou whānau, ki o koutou hoa rānei i ngā whare e haumarua ana, e tau ana anō. Tōna toru hauwhā i whakaae he whare mahana o koutou hei nohoanga, e haumarua ana te noho, e tau ana anō te mauri i o koutou nā whare, ka mutu e tau ana tō noho ki ērā e noho tahi nei koe.

**"E WHAI ANA I TAKU TOHU PAERUNGA. KO TE MANAKO IA KUA TAU Ā-WĀHI NEI, Ā-MONI NEI ANŌ HOKI"**

**"E KITE ANA AU I AHAU ANŌ HEI KAIPAKIHI RATONGA WHAKAATAAHUA, ME ĀKU ANŌ KIRITAKI. HE KAIWHAKAHAERE PAKIHI"**

**"E MAHI UKIUKI ANA KI TE PENAPENA PŪTEA KIA WHAI MONI TĀPUI AI MŌ TE HOKO WHARE"**

## Te paremata a Oranga Tamariki

I timataria te Ratonga Tautoko Whakawhitinga i te 1 o Hūrae, i te tau 2019, me te aha, kua koni atu i te kotahi tau te pakeke. He mea whakarite whai muri i te kaha wānanga ki te rangatahi e pā ana ki ngā momo tautoko e hiahiatia ana ka puta ana i ngā taurimatanga. E ngākau titikaha ana mātou ki te rongō i ngā whakaaro o te rangatahi, ā, ko tēnei rangahau patapatai te huarahi tuatahi i taea ai e te rangatahi te whakaputa o rātou whakaaro mō tōna ahunga.

E whakawhētai ana mātou ki ngā rangatahi katoa i whai wāhi mai. Ko tētahi o ngā mea matua i rangona, he āhua nui, he nui rawa rānei ngā māharahara o te tokomaha o te rangatahi e pā ana ki ngā āhuatanga ka tūpono hua ake ka eke ana ki te 18 tau. E rua ā mātou mahi hei whakatika i tēnei āhuatanga.

- Ka mahi tahi ki te rangatahi, āta whakamahere ai i ngā mea e hiahiatia ana ka puta ana i ngā taurimatanga.
- Ka whai kia wawe ake tā ngā ama whakawhiti whai wāhi ki te tukanga kia takatū ake ai te rangatahi, kia whai tangata anō ai rātou hei hoa kōrerorero i o rātou māharahara.

I rongō hoki mātou e uaratia ana e te rangatahi te tautoko a o rātou ama whakawhiti. Ka mātua whai mātou kia whakamōhiotia katoatia ngā rangatahi e māraurau ana ki ngā āheinga o te Ratonga Tautoko Whakawhitinga, kia tonoa anō hoki rātou ki tētahi ama whakawhiti mēnā koinā tā rātou e pīrangī ana.