

Disability Fact Sheet - Summary of survey findings

Just Sayin' is an annual survey of young people

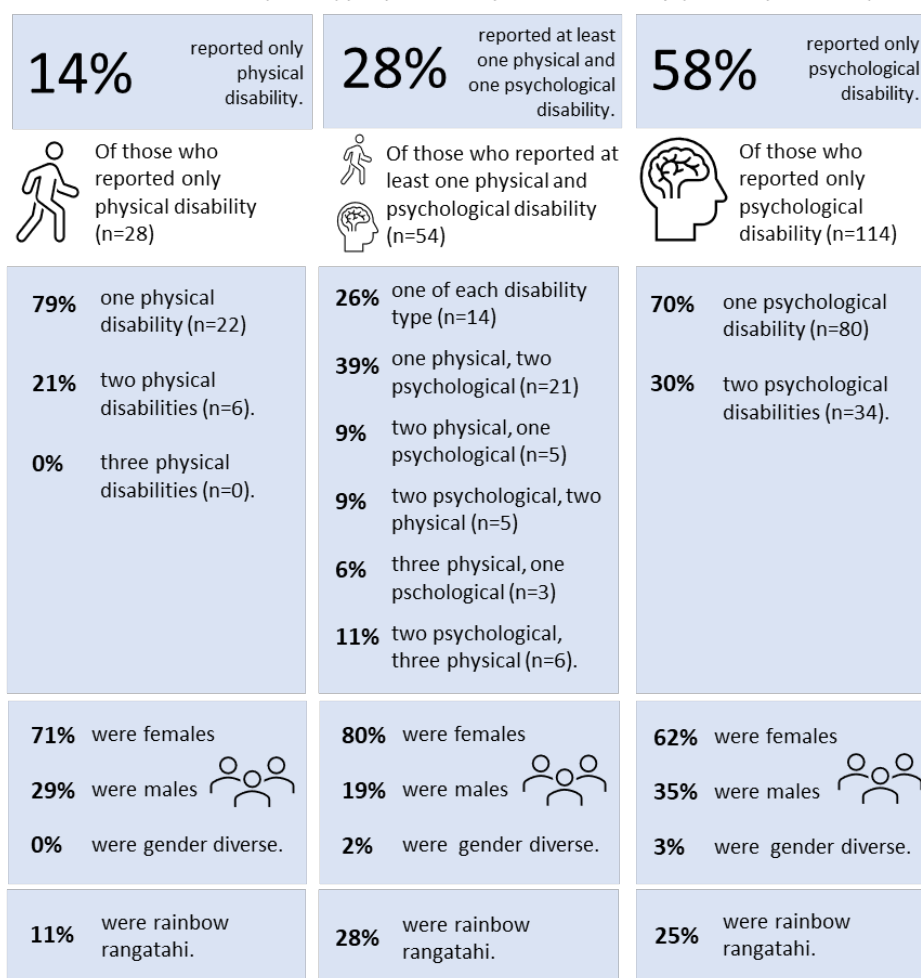
The Just Sayin' surveys are conducted annually to seek feedback from young people who are eligible for support from a transition worker. The surveys are one part of the Transition Support Service (TSS) evaluation. The 2021 survey included young people aged 16 to 20. A total of 331 young people provided analysable responses, of who 326 answered the questions about disability. The remaining five young people provided no information and were assumed part of the no disability group.

Just Sayin' survey findings for young people eligible for a transition worker consisted of 196 young people with a disability and 135 with no disability. Disability was a self-reported assessment on the Washington Group Scale measure of disability. A young person is defined as "having a disability" if they report they 'often' or 'always' have difficulty with one or more of the following (Washington scale level 3):

- Seeing (even when wearing glasses or contact lenses)
- Hearing (even when wearing hearing aids)
- Doing physical tasks like walking
- Learning, remembering or concentrating
- Emotional, psychological or mental health conditions.

Disability data profile Just Sayin' 2021

Breakdown of 59% (n=196) people who reported a disability (full sample n=331).



Preparation and planning for transition

Seventy-six percent of young people with a disability felt they had a say in the important decisions in their lives ‘most’ or ‘all of the time’ (no disability: 81%). Fewer young people with a disability felt the important people in their lives were involved in their planning as much as they would like, when compared with those who had no disability (disability: 51%, no disability: 62%).

Transition worker support

Young people with a disability were more worried about their life compared to those with no disability. When asked to rate their worries, 32% of those with a disability were moderately to seriously worried about their life, compared to 18% of those with no disability. Fewer young people with a disability felt they could talk to their transition worker about their worries, compared to those with no disability (disability: 75%, no disability: 82%). Some young people with no disability shared they were worried about leaving care.

I'm worried about my mental health - I'm worried about my security.

Sometimes I worry that it will be a lot harder without the support of my transition and social worker. ... a lot of the time OT have been shit to me but I do know they have my back. I just want to be prepared when I transition into 18.

My back surgery that's coming up. Maybe money. Looking after myself after my back surgery which will be after I leave OT.

I've recently had eye operation so I'm worried they won't improve, the fact that they're not getting better. Also the idea of leaving care, my financial situation and what that would be.

Worried about mental health and not having the same support I currently have when I move out.

Living arrangements

Fewer young people with a disability rated their home life highly, compared to those with no disability. When asked if they had somewhere warm to live, 79% of those with a disability agreed, compared to 92% of those with no disability. Similarly, fewer young people with a disability felt they belonged where they lived (disability 62%, no disability: 82%), felt safe where they lived (disability 77%, no disability: 93%), felt settled where they lived (disability 67%, no disability: 85%), and accepted by the people they lived with (disability 72%, no disability: 86%), compared to those with no disability.

Identity, health and wellbeing

A smaller proportion of young people with a disability felt secure in their identity and proud of who they are, compared to those with no disability. 63% of those with a disability felt ‘reasonably’ to ‘very’ secure in their identity, compared to 86% of those with no disability. On the same scale, 64% of those with a disability and 85% of those with no disability felt proud of who they are.

Support

One-half of young people with a disability felt they were getting the health support they need. This was fewer than those with no disability (disability: 53%, no disability: 64%). More young people with a disability also reported a time in the last 12 months they couldn't access healthcare when they needed to, compared to those with no disability (disability: 39%, no disability: 26%).

Education, training and employment

The same proportion of young people were in education or training across both groups (49%). Of those not in education or training, fewer young people with a disability left school with NCEA level 2 or higher, compared to those with no disability (disability: 44%, no disability: 52%).

Demographics		Disability (n=196)	No disability (n=135)
Gender and identity	Male	30%	44%
	Female	68%	54%
	Diverse	2%	1%
Identifies as LGBTQIA+/rainbow		24%	13%
Ethnicity	Māori	56%	67%
	Pacific	13%	13%
	Non-Māori non-Pacific	40%	30%
Age	16	16%	20%
	17	28%	20%
	18	28%	29%
	19	16%	23%
	20+	13%	8%
Care status	In care	43%	33%

Just Sayin' results

Holistic needs assessment	Disability	No disability
[In care] Does Oranga Tamariki help make things better for you? (3-yes, I think so, to 4-yes, definitely on 4-point scale)	54%	75%
[In care] Does your Oranga Tamariki social worker do what they said they would do? (3-most of the time, to 4-all of the time, on 4-point scale)	61%	73%
[In care] Is your Oranga Tamariki social worker there when you need them? (% yes)	60%	80%
[In care] I think my Oranga Tamariki social worker understands what kinds of support I need after I leave care (% yes)	60%	75%
[In care] Are you worried about anything that will happen when you leave care? (7-10 on 10-point worry scale – serious worries)	28%	15%
[In care] Do you feel you can talk to your social worker at Oranga Tamariki about your worries? (3-yes, I think so, to 4-yes, definitely, on 4-point scale)	41%	76%

Transition planning	Disability	No disability
[In care] Have you had a conversation with anyone at Oranga Tamariki about what you need when you leave care? (% yes)	45%	56%
[In care] Have you been at a family group conference where people talked with you about what you wanted to do when you leave care? (% yes)	65%	73%
[In care] Do you have a copy of your plan for leaving care? (% yes)	30%	31%
[Not in care] Did anyone talk with you and work out a plan for when you left care? (% yes)	66%	58%
[Not in care] When you left care had you been part of an FGC to discuss your future? (% yes)	72%	63%
[Not in care] Did you have a copy of your plan for leaving care? (% yes)	42%	42%
Do you feel you get to have a say in important decisions about your life? (3-most of the time, to 4-all of the time, on 4-point scale)	76%	81%
Are the important people to you from your chosen whānau or family involved in planning what happens with your life as much as you would like? (% yes)	51%	62%
Transition worker support	Disability	No disability
Have you been asked about whether you want to see a TW? (% yes)	85%	84%
Currently has a TW (% yes)	62%	58%
Used to have a TW (% yes)	17%	17%
Have you talked with a TW – this might be a social worker or someone else at another type of organisation? (% yes)	81%	78%
Do you think your TW understands what kinds of support you need? (% yes)	79%	85%
Are you worried about anything in your life just now? (7-10 on 10-point worry scale – serious worries)	32%	18%
(Of those with a TW) Do you feel you can talk to your TW about your worries? (3-yes, I think so, to 4-yes, definitely, on 4-point scale)	75%	82%
(Of those with a TW) Does your TW do what they say they would do? (3-most of the time, to 4-all of the time, on 4-point scale)	82%	79%
(Of those with a TW) Is your TW there when you need them? (% yes)	77%	85%
(Of those with a TW) Does your TW help make things better for you? (3-yes, I think so, to 4-yes, definitely, on 4-point scale)	82%	81%

Improving outcomes for young people as they transition from Oranga Tamariki care	Disability	No disability
[Not in care] Lives in the same place as when they were in care	24%	33%
Lives in unstable accommodation (includes: living rough, in garage, couch surf, in car or van, motel)	11%	6%
Agrees with the following statements (<i>7 to 10 agreement on a 0-10 scale</i>)		
I have somewhere warm to live	79%	92%
I feel like I belong	62%	82%
I feel safe where I live	77%	93%
I feel settled where I live	67%	85%
I feel accepted for who I am by the people I live with	72%	86%
Agrees with the following statements (<i>4 to 5 agreement on a 5-point scale</i>)		
I have friends I trust	53%	62%
I feel safe with my friends	65%	74%
My friends accept me for who I am	68%	78%
If you were going through a difficult time and needed help, do you have someone you could turn to? (% yes)	66%	91%
Has an adult they could turn to for help	63%	76%
Young people have an improved sense of identity and belonging	Disability	No disability
To what extent do you feel secure in your identity? (<i>3-reasonably to 4-very on 4-point scale</i>)	63%	86%
To what extent do you feel proud of who you are? (<i>3-reasonably to 4-very on 4-point scale</i>)	64%	85%
Do you have as many chances as you would like to connect with your whakapapa whānau? (% yes)	64%	76%
Do you know your whakapapa (ancestry)? (<i>3-I think so, to 4-definitely on 4-point scale</i>)	49%	62%
Do you want to know more about your ancestry or whakapapa? (% yes)	53%	47%
Are you being supported to find out more about your ancestry/ whakapapa? (% yes - of those who wanted to know more)	47%	67%
More young people are healthy and recovering from trauma	Disability	No disability
How do you feel about your life in general? (<i>4-very good, to 5-excellent on 5-point scale</i>)	31%	54%
Washington scale disability (has at least one response of often or always for the categories: Difficulty hearing, seeing, doing physical activities, learning remembering or concentrating, emotional psychological or mental health conditions)	100%	0%
Washington scale disability (has two or more responses of often or always for the categories: Difficulty hearing, seeing, doing physical activities, learning remembering or concentrating, emotional psychological or mental health conditions)	48%	0%
Are you receiving the health support you need? (% yes of those who indicated poor or fair for any of the Te Whare Tapa Whā questions)	53%	64%

In the last 12 months, has there been any time when you wanted or needed to see a doctor or nurse (or other health care worker) about your health, but you weren't able to? (% yes)	39%	26%
More young people have the life skills they need to thrive as adults	Disability	No disability
To what extent do you feel hopeful about your future? (3-reasonably to 4-very on 4-point scale)	64%	85%
Are you getting the support you need to learn the skills you want to learn? (% yes)	52%	75%
More young people are in education, employment or training (in the past 12-months)	Disability	No disability
In education or training	49%	49%
School leavers (those not in education or training) with NCEA level 2 or higher	44%	52%
NEET	21%	16%
Young people feel supported to be parents	Disability	No disability
Is a parent	15%	17%
Hapū/pregnant	7%	5%